



OUR YOUTH OUR FUTURE

SPRING 2020

“Everything changed when I got the right help”

Emotionally scarred from endless bullying at school, 15 year-old Laura started experimenting with drugs to try to escape the pain. Not long after, she was kicked out of her home. “I felt completely lost and alone. I was homeless – words I never thought would be part of my story,” says Laura. “I was scared every day – hanging out on the streets, then trying to find a safe enough place to sleep at night.”

At 16, she heard about YSB’s Youth Drop-In Centre where she could access warm meals, showers, and support.

While there, she got connected to YSB’s Young Women’s Emergency Shelter and was able to reside there for several months as she began rebuilding her life.

Laura is now an adult who’s not only been clean for 5 years, she’s secured meaningful work, traveled the world, and made healthy, lasting friendships.

“I give so much praise to the staff at YSB. They never judged me, but rather helped me rediscover myself and what I wanted for my future.”

YSB was there for Laura, thanks to caring supporters like you.

Thank you!

CONTACT US:

 **613-729-1000**

 **FOUNDATION@YSB.CA**

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**youth
SERVICES
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Monthly Donor Spotlight: Tom Foster

Tom is a passionate supporter of youth. Having served on the YSB Board of Directors and volunteered at events for many years, Tom has seen first-hand the work being done to save and change young lives in our community. A donor since 2010, Tom decided to become a monthly donor in 2017.

“YSB is doing so much good for youth in our community that supporting the work each month was an obvious choice,” he says. “If we don’t support young people today, how do we expect to have a healthy tomorrow?”

You can join Tom in reaching youth in need every month by becoming a monthly donor with YSB. Visit www.ysb.ca/monthly-donation or contact Savanna at sschiavo@ysb.ca



60 years of changing young lives together with you

Save the Date
for our 60th
Celebration,
October 22nd at the
Horticulture Building
at Lansdowne.
Event, sponsorship
and ticket details
coming soon.

YSB is celebrating its 60th anniversary this year!

For six decades, our organization has grown and adapted to the changing needs of vulnerable youth. What hasn’t changed is our focus on supporting youth in our community to find jobs, return to school, learn life skills, find shelter, choose a better path, and feel hopeful.

We’ve been successful thanks to our strong community of support and our philosophy of always putting youth and their voices at the centre of what we do. Thank you for ensuring we can continue to be there for youth. Together with you and the youth we serve, we say ‘We’ve Got This!’

In light of circumstances surrounding COVID-19, YSB’s events and our third-party events have been postponed until later dates. However, we are still working hard to support Ottawa youth. You can help us do it. A donation of any amount, made easily at ysb.ca, can help us fund programs that would otherwise have been funded through our fundraising events. It means more young people are served, and more young lives are changed. Thank you.

Homeless, to a home of their own

YSB proudly opened the doors to its Youth Housing Hub in November, and since has welcomed 39 previously homeless youth who now call this long-term housing residence home.

Within this space, vulnerable youth not only get to build their independence in their own brand new apartment units, they have access to a wide range of onsite services and resources.

Thanks to our campaign partners and donors, YSB is directly addressing the need for additional affordable housing for youth. Through our range of programs, including our Emergency Youth Shelters and Transitional Housing options, we help move them out of the cycle of homelessness and into safe, stable housing.



To support the ongoing needs at the Youth Housing Hub, contact Patti at pmurphy@ysb.ca

“I can’t wait to move out, so another young mom like me can call this beautiful place home.”

THROUGH YOUR SUPPORT OF THE YOUTH SERVICES BUREAU, YOU MADE THIS POSSIBLE LAST YEAR:

1,209 youth received services from our Mental Health Mobile Crisis Team

39 once-homeless youth moved in to our new Youth Housing Hub on Riverside Drive

483 youth participated in our Youth Job Connection program

916 youth accessed our Youth Mental Health Walk-In Clinic

Thank you

for changing young lives in 2019.

HOW YOUR GIFTS ARE MAKING A DIFFERENCE:

\$45 provides one counselling and support session to a struggling youth

\$65 provides a youth in our shelters with meals for one week

\$100 provides one start-up kit for a once-homeless youth leaving our shelter

\$500 provides a vulnerable youth with a warm and safe bed to sleep in



Feeding the most basic human need

For homeless youth, access to healthy food is critical but often a daily challenge. That's why YSB offers its Pantry Program, operating out of our downtown Youth Drop-In Centre. Open 365 days of the year, the Drop-In serves homeless and street-involved youth, and ensures young people walking through the doors have access to nutritious meals, along with a variety of other services.

You, your workplace or community group can donate to cover the costs of food for a day, week or month to help us feed vulnerable youth in our community.

Visit ysb.ca/ysb-pantry-program or contact Savanna at sschiavo@ysb.ca



Before I found YSB, I thought life would never get better. I was lost in my depression. I can't imagine where I'd be today if I hadn't gotten that help to work through it." - Scott, 15 years old

Ways to support youth this season



I didn't think I'd ever feel better. Life felt... too long. I don't feel like that anymore, thankfully. I'd never be where I am without YSB and all the people cheering me on to get better." - Daniel, 16

MAKE A DONATION TO YSB AND SUPPORT LIFE-CHANGING YOUTH PROGRAMS RIGHT NOW. CALL: 613-729-0577 or VISIT ysb.ca.

LEAVE A LEGACY FOR YOUTH BY MAKING A PLANNED GIFT TO YSB IN YOUR WILL.

CONTACT: Patti Murphy, Executive Director, YSB Foundation, 613-729-0577 ext. 1262 or pmurphy@ysb.ca for more information.

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