



**YOUTH  
SERVICES  
JEUNESSE**

**WE'RE HERE  
TO HELP**

**YSB MENTAL  
HEALTH  
SERVICES**

**FREE BILINGUAL SERVICES:**

613-562-3004  **YSB.CA**

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**24/7 CRISIS LINE SERVICES:**

**613-260-2360** (Ottawa)

1 877-377-7775 (toll-free)

**24/7 ONLINE CRISIS CHAT:**

**CHAT.YSB.CA**

For youth ages 17 and under and/or their parents or caregivers

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**YOUTH MENTAL HEALTH**

**WALK-IN CLINIC:**

Noon to 8 p.m. (last session 6 p.m.)

Walk-in sessions for youth ages 12 to 20 and/or their parents or caregivers.

**TUESDAYS**

**THURSDAYS**

**BANK ST. HUB**

**ORLEANS**

300-1355 Bank St. 2225 Mer Bleue Rd.