



# Youth Mental Health Court

By focusing on intervention, accountability, and the root causes of crime; the court strives to provide treatment plans and recommendations to voluntary participants, rather than being strictly further punitive. Mental Health Courts are designed to target the needs of the individual to help reduce recidivism, improve their well-being, and bridge systems, to provide effective services.

SERVICES ARE OFFERED IN FRENCH AND ENGLISH

## Programs | Prevention

easy and immediate access to the right programs and services. monthly counsel pre-trial meetings include over 25 community partners



## Consistency

YMHC sits once a month, on Thursdays. Judge & Crown remain the same; Justice Perkins-McVey and Provincial Crown Attorney Tara Dobec



## Michelle Pasztor

Youth Mental Health Court Worker 613-808-0524 (c) 613-738-7776 ext. 264 (o)



REFERRALS:

[mpasztor@ysb.ca](mailto:mpasztor@ysb.ca)

[www.ysb.ca](http://www.ysb.ca)

WHO DOES THE

YMHC

best serve?

Developmental  
Needs

Chronic Behavioural  
Problems

Mental Health  
Concerns

Substance Use  
Disorders

# 1 referral

Referral is screened for eligibility;  
review reason for referral and client  
motivation.

# 2 intake

Intake package is done with client  
and collateral information gathered.  
Youth's needs are prioritized and the  
initial Crown screening is reviewed.

# 3 services

Referrals to community services are  
made. Request for psychological or  
psychiatric assessment may be  
recommended. (forensic psychiatry)

# 4 exit strategy

Case management is facilitated with  
client and service providers through  
Counsel Pre-Trial meetings. Goal  
sheet is created to focus on  
successful exit from court.

# 5 outcome

Advocacy: recommendation is made  
to the court based on client's effort  
and progress. After-care continued  
with client (optional transition).

## benefits

- improved court outcome
- focus on client well-being
- improved access to mental health services, with shorter wait times
- earlier intervention
- individualized treatment plans
- focused SMART goals and timeline
- increased cooperation between mental health and criminal justice systems
- court advocacy and support
- comprehensive program
- family support
- reduced incarceration and recidivism rates